

Play actively | Jouez activement

A LIST OF "MOTION-BASED" VIDEO GAMES | UNE LISTE DE JEUX VIDÉO IMPLIQUANT DU MOUVEMENT PHYSIQUE

Last update: October 20th 2016 | Dernière mise à jours : 20 octobre 2016

EN This list is not intended to encourage the use of video games as they do not replace exercising. Additional accessories are required to play most listed games.

FR Cette liste n'est pas conçue pour encourager l'utilisation des jeux vidéo. Ces derniers ne remplacent pas l'exercice. La plupart des jeux de cette liste nécessitent un/des accessoires additionnels à la console.



Activity level legend | Légende du niveau d'activité

- 1 – Light movements | Mouvements décontractés
- 2 – Sport, dance, continuous movements | Sport, dance, mouvements continus
- 3 – Exercises, training | Exercices, entraînement

PS2		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Dance Dance Revolution Disney Channel Edition	Jan 8, 2008	2
Dance Dance Revolution Extreme	Sept 21, 2004	2
Dance Dance Revolution Extreme 2	Sept 27, 2005	2
Dance Dance Revolution SuperNova	Sept 26, 2006	2
Dance Dance Revolution SuperNova 2	Sept 25, 2007	2
Dance Dance Revolution X	Sept 16, 2008	2
Dance Dance Revolution X2	Oct 27, 2009	2
Dance Factory	Aug 29, 2006	2
Dancing With The Stars	Oct 23, 2007	2
DDRMAX Dance Dance Revolution	Oct 28, 2002	2
DDRMAX2 Dance Dance Revolution	Sept 23, 2003	2
EyeToy: AntiGrav	Nov 9, 2004	1
EyeToy: Groove	Apr 20, 2004	2
EyeToy: Kinetic	Nov 22, 2005	1
EyeToy: Play	Nov 4, 2003	1
EyeToy: Play 2	Aug 16, 2005	1
High School Musical 3: Senior Year DANCE!	Oct 28, 2008	2
In the Groove	Jun 17, 2005	2
Moderngroove: Ministry of Sound Edition	Jul 13, 2001	2
Nicktoons Movin'	Oct 21, 2004	1
Sega SuperStars	Nov 3, 2004	1
Yourself! Fitness	Feb 2, 2005	2



PS3		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Adidas MiCoach	Jul 24, 2012	2
Dance Battle Vs.	2011	2
Dance on Broadway	Mar 17, 2011	2
EA Sports Active 2: Personal Trainer	Nov 16, 2010	2
Everybody dance	Oct 18, 2011	2
Fit in Six	Mar 16, 2011	3
Get Fit with Mel B	Oct 20, 2010	2
Get Up And Dance	Nov 17, 2011	2
Just Dance 3	Dec 6, 2011	2
Grease Dance	Oct 25, 2011	3
Just Dance 4	Oct 9, 2012	2
Just Dance 2014	Oct 8, 2013	2
Just Dance 2015	Oct 21 2014	2
Just Dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25 2016	2
Just Dance Kids	Nov 9, 2010	2
Just Dance Kids 2	Oct 25, 2011	2
Just Dance Kids 2014	Oct 22, 2013	2
Let's Dance With Mel B	Jun 24, 2011	2
London 2012 Olympics	Jun 26, 2012	1
Medieval Moves: Deadmund's Quest	Nov 15, 2011	1
Michael Jackson : The Experience	Apr 12, 2011	2
Motionsports Adrenaline	Oct 25, 2011	2
Move Fitness	Nov 25, 2011	2
My Fitness Coach Club	Mar 15, 2011	3
PlayStation Move Fitness	Mar 26, 2013	3
PlayStation Move Heroes	Mar 22, 2011	1
SingStar Dance	Nov 9, 2010	2
Sport Champions	Sept 17, 2010	1
Sports Champions 2	Oct 30, 2012	1
The Fight: Lights Out	Nov 9, 2010	2
UFC Personal Trainer	Jun 28, 2011	2
Zumba fitness	Nov 18, 2010	2



PS4		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Just Dance 2014	Nov 15, 2013	2
Just Dance 2015	Oct 21, 2014	2
Just Dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25, 2016	2
KickBeat	Sept 16, 2014	2
Sound Shapes	Nov 15, 2013	1

WII		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
10-Minute Solution	Jun 22, 2010	3
Abba: You Can Dance	Nov 15, 2011	2
Active Life: Explorer	Oct 18, 2010	2
Active NFL Training Camp	Nov 16, 2010	3
Black Eyed Peas Experience, The	Nov 8, 2011	2
Dance Dance revolution II	Oct 11, 2011	2
Dance on Broadway	June 15 2010	2
EA Sports Active: Personal Trainer	May 19, 2009	3
EA Sports Active 2: Personal Trainer	Nov 16, 2010	3
ExerBeat	May 17, 2011	3
Fit in Six	Mar 16, 2011	3
Get Fit with Mel B	Aug 30, 2011	2
Gold's Gym: Cardio Workout	Mar 31, 2009	3
Gold's Gym Dance Workout	Aug 17, 2010	3
Harley Pasternak's Hollywood Workout	Sep18, 2012	3
High School Musical 3: Senior Year DANCE!	Oct 21 2008	2
Hip Hop Dance Experience, The	Nov 13, 2012	2
Just Dance	Nov 17, 2009	2
Just Dance 2	Oct 12, 2010	2
Just Dance 3	Oct 7, 2011	2
Just Dance 4	Oct 9, 2012	2
Just Dance 2014	Oct 8, 2013	2
Just Dance 2015	Oct 21, 2014	2
Just Dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25, 2016	2
Just Dance: Best Of	Jun 26, 2012	2
Just Dance Kids	Nov 9, 2010	2
Just Dance Kids 2	Oct 25, 2011	2
Just Dance Kids 2014	Oct 22, 2013	2



Just Dance Disney Party	Oct 23, 2012	2
Just Dance Disney Party 2	Oct 20, 2015	2
Just Dance: Summer Party	July 19, 2011	2
Michael Jackson : The Experience	Nov 23, 2010	2
My Fitness Coach	Dec 2, 2008	2
The biggest loser – Challenge	Nov 4, 2010	2
The biggest loser – Ultimate workout	n/a	2
UFC Personal Trainer	Jun 28, 2011	3
Smurfs Dance Party, The	July 19, 2011	2
Walk it out!	Jan 12, 2010	1
Wii Fit	May 21, 2008	2
Wii Fit Plus	Oct 4, 2009	2
Wii Sports	Nov 19, 2006	1
Wii Sports Resort	July 26, 2009	1
Zumba Fitness	Nov 18, 2010	2
Zumba Fitness 2	Nov 15, 2011	2
Zumba Fitness core	Oct 16, 2012	3
Zumba Fitness: World Party	Nov 23, 2013	2
Zumba Kids	Nov 19 2013	2

WII U		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Fit Music	May 22, 2014	2
Just Dance 4	Nov 18, 2012	2
Just Dance 2014	Oct 8, 2013	2
Just Dance 2015	Oct 21, 2014	2
Just Dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25, 2016	2
Just Dance Kids 2014	Oct 22, 2013	1
Just Dance Disney Party 2	Oct 20, 2015	2
Kickbeat: Special Edition	Sep 16, 2014	2
Mario Tennis: Ultra Smash	Nov 20, 2015	1
Sports connection (ESPN)	Nov 18, 2012	1
Wii Fit	Nov 01, 2013	2
Wii Fit U	Jan 10, 2014	3
Wii Sports Club	Nov 7, 2013	1
Yoga	Dec 01, 2009	2
Your Shape: Fitness Evolved 2013	Nov 18, 2012	2
Zumba	Nov 30, 2012	2
Zumba Fitness: World Party	Nov 5, 2013	2



XBOX		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Dance Dance Revolution Ultramix	Nov 19, 2003	2
Dance Dance Revolution Ultramix 2	Nov 18, 2004	2
Dance Dance Revolution Ultramix 3	Nov 15, 2005	2
Dance Dance Revolution Ultramix 4	Nov 14, 2006	2
Yourself! Fitness	Oct 8, 2004	3

XBOX 360		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Adidas MiCoach	Jul 24, 2012	3
Beachbody P90X for Xbox Fitness	Jul 27 2014	3
Biggest loser – Challenge, The	Nov 3, 2010	3
Biggest Loser: Ultimate Workout, The	Nov 4, 2010	3
Black Eyed Peas Experience, The	Nov 8, 2011	2
Carnival Games: Monkey See, Monkey Do	Apr 5, 2011	1
Country Dance All Stars	Mar 27, 2012	2
Dance Central	Nov 4, 2010	2
Dance Central 2	Oct 25, 2011	2
Dance Central 3	Oct 16, 2012	2
Dance Dance Revolution Universe	Feb 2, 2007	2
Dance Dance Revolution Universe 2	Dec 5, 2007	2
Dance Dance Revolution Universe 3	Oct 14, 2008	2
DanceMasters	Nov 4, 2010	2
Dance Paradise	Feb 15, 2011	2
EA Sports Active 2: Personal Trainer	Nov 16, 2010	3
Fruit Ninja Kinect 2	Aug 10, 2011	1
Game Party: In Motion	Nov 18, 2010	1
Grease Dance	Oct 25, 2011	3
Harley Pasternak's Hollywood Workout	Sep18, 2012	3
High School Musical 3: Senior Year DANCE!	Oct 21, 2008	2
Hip Hop Dance Experience, The	Nov 13, 2012	2
Jillian Michaels' Fitness Adventure	Nov 8, 2011	3
Just Dance 3	Oct 7, 2011	2
Just Dance 4	Oct 9, 2012	2
Just Dance 2014	Oct 8, 2013	2
Just Dance 2015	Oct 21, 2014	2
Just Dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25, 2016	2
Just Dance: Disney Party	Oct 23, 2012	2
Just Dance: Disney Party 2	Oct 20, 2015	2



Just Dance: Greatest Hits	Jun 26, 2012	2
Just Dance Kids	Nov 9, 2010	2
Just Dance Kids 2	Oct 25, 2011	2
Kinect Sports	Nov 4, 2010	2
Kinect Sports: Season Two	Oct 25, 2011	2
Let's Dance with Mel B	Apr 24, 2012	2
London 2012 Olympics	Jun 26, 2012	1
Michael Jackson: The Experience	Apr 12, 2011	1
Michael Phelps: Push The Limit	Oct 11, 2011	2
Nickelodeon Dance	Nov 8, 2011	1
Nickelodeon Dance 2	Nov 6, 2012	1
Nike+ Kinect Training	Oct 30, 2010	3
Self-Defense Training Camp	Nov 8, 2011	3
Twister Mania	Nov 1, 2011	1
UFC Personal Trainer	Jun 28, 2011	3
Victorious: Time to Shine	Nov 15, 2011	1
Your Shape: Fitness Evolved	Nov 4, 2010	3
Your Shape: Fitness Evolved 2012	Nov 8, 2011	3
Zumba Fitness	Nov 18, 2010	3
Zumba Fitness Core	Oct 16, 2012	3
Zumba Fitness Rush	Feb 13, 2012	3
Zumba Fitness: World Party	Nov 23, 2013	2
Zumba Kids	Nov 19, 2013	2

XBOX ONE		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
Boom Ball For Kinect	Nov 28, 2014	1
Crabtron	TBA	1
Dance Central Spotlight	Sep 2, 2014	2
Fantasia: Music Evolved	Oct 21, 2014	1
Fruit Ninja Kinect 2	Aug 10, 2011	1
Just Dance 2014	Nov 22, 2013	2
Just Dance 2015	Oct 21, 2014	2
Just dance 2016	Oct 20, 2015	2
Just Dance 2017	Oct 25, 2016	2
Just Dance Disney Party 2	Oct 20, 2015	2
KickBeat: Special Edition	Sep 26, 2014	2
Kinect Sports Rivals	Apr 8, 2014	2
Shape Up	Nov 11, 2014	3
Xbox Fitness	Nov 22, 2013	3
Zumba Fitness: World Party	Nov 23, 2013	2



Android/iOS		
TITRE TITLE	DATE SORTIE RELEASE DATE	NIV. D'ACTIVITÉ ACTIVITY LEV.
CodeRunner	Feb 27, 2012	1
Endomondo, Running & Walking	2007	2
GPS Mission Pro Ghost Patrol	Aug 21, 2009	1
Just Dance Now	Sept 25, 2014	2
Ingress	Dec 14, 2013	1
Pokémon GO	July 6, 2016	2
Zombies, Run!	Feb 27, 2012	2
Zombies, Run! 5K Training	Oct 2012	2

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